

Your Surgery

at New England Baptist Hospital

Your Pre-Admission Screening Visit

Part of what makes New England Baptist Hospital one of the premier orthopedic centers in the country is our extremely low rates of post-operative infection and readmissions to the hospital following surgery. A key factor in this is our intensive pre-admission screening process that allows us to get to know you as an individual, assess your health needs, and start planning for your recovery.

To do this, your surgeon will schedule a half day appointment within 30 days of your surgery. You'll come to the hospital and spend 3-5 hours meeting with different members of your care team, getting any necessary tests done.

Your visit

- You will have a full medical history done by one of our Nurse Practitioners, a physical exam, lab work, and an electrocardiogram or EKG to check your heart. A nasal swab will be obtained to check for the presence of certain bacteria that are commonly found on the skin. If you test positive you will receive a phone call with further instructions. This will not interfere with your planned surgery.
- You'll consult with a pharmacist about any medications you are taking. Please bring all of the medications you take, including prescriptions, herbal supplements and over-the-counter medications, in their original containers. We'll also ask about alcohol, recreational drug use, and if you are on any medication for Substance Use Disorder. It's important to be accurate and honest to help us give you the best care possible.
- You may meet with a Physical Therapist who will assess your mobility baseline. You'll get a tip sheet on how to prepare your home for surgery and you may get a few exercises to start preparing your muscles for the hard work and recovery ahead.
- You may meet with a Case Manager who can help you formulate a discharge plan and get things set up for a safe recovery after your hospital stay.
- You may also have x-rays done, and meet with specialists who can address any medical needs you have beyond orthopedics.

If you have any questions, please contact our pre-admission screening department at 617-754-6600.