

Tara Mounsey, NP
Orthopedic Nurse Practitioner

Tara Mounsey is a nurse practitioner at New England Baptist Hospital (NEBH). She is orthopedic certified via the National Association of Orthopaedic Nurses (NAON). In this role, she works closely with orthopedic surgeon Dr. James V. Bono in the office, making daily rounds, and assisting in the operating room.

Well-known for her bedside manner and inclusive approach, Tara is a calming influence for her patients and their families pre-operatively and post-operatively. For three years Tara led the pre-operative classes at NEBH that are designed to help Dr. Bono's patients better understand and prepare for knee and hip-replacement surgery. Post-operatively, Tara will be there every step of the way for Dr. Bono's patients and their families.

In addition to her role with Dr. James Bono, Tara is the medical coordinator for the Boston Celtics and serves as Ambassador to the Friends of the Baptist. She was the recipient of the 2014 Kirkby Award, given annually to an individual who has demonstrated exceptional commitment to the mission, vision, and values of the hospital.

Before joining NEBH in 2004, Tara earned a B.S. in Neuroscience from Brown University and a Master's Degree in Nursing from Boston College.

An avid athlete, Tara is also an experienced orthopedic patient. Despite several significant knee injuries and subsequent surgeries, Tara went on to win a gold medal at the 1998 Olympic Games in Nagano Japan and a silver medal at the 2002 Olympic Games in Salt Lake City.

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