

Boston Sports Medicine Symposium 2019 Agenda

Friday, November 1 Allied Health Room Lectures

	Lecture	Speaker	Moderator
6:45 AM	Registration		
7:30 – 7:55	Performance Enhancing Drugs: What You Need to Know	J. Tokish	J. Tierney
	Welcome	A. Curtis	
8:00 – 8:15	AC Separations – Rehab VS Repair	A. Mazzocca	
8:15 – 8:30	Clavicle Fractures – Observation VS Fixation Now	P. Weitzel	
8:30 – 8:45	The SLAP Lesion Re-visited	W.B. Kibler	
8:45 – 9:00	The First Time Dislocation - Options To Treat	R. Burks	
9:00 – 9:15	MDI – Diagnosis and Treatment	S. Miller	
9:15 – 9:30	Revision Instability	T. Gill	
9:30 – 10:00	Shoulder Case Panel	P. Weitzel, S. Miller, R. Burks, T. Gill, W.B. Kibler	G. Ross C. Thigpen
10:00 – 10:30	BREAK		
10:30 – 10:50	Matching Rehab to Instability Surgery	C. Thigpen	
10:50 – 11:10	Blood Flow Restriction Training BFRT – When, Why & Who?	P.J. O’Clair	
11:10 – 11:30	Biologics - Myths and Legends	D. Buford	
11:30 – 12:00	KEYNOTE: Shoulder Surgery: One Surgeon’s Journey	F. Savoie	
12:00 – 1:00	LUNCH		
1:00 – 1:15	Advances in Total Shoulder Replacement Design Optimizing Outcomes	A. Jawa	
1:15 – 1:30	Options to Treat Shoulder Arthritis in the Athlete	G. Ross	
1:30 – 1:45	Decision Making in Treating Partial Rotator Cuff Tear	K. Plancher	
1:45 – 2:00	Single VS Double Row – Does it Matter?	D. Buford	
2:00 – 2:15	Options for Revisions and Massive Rotator Cuff Tears	M. Getelman	
2:15 – 2:30	Rehab After Rotator Cuff Surgery – Slow or Fast?	M. Reinold	
2:30-2:45	Does Pain Influence Rotator Cuff Cross Sectional Area?	D. Kokmeyer	
2:45 – 3:00	Panel: The Complex Shoulder	A. Jawa, K. Plancher, D. Buford, M. Getelman, C. Thigpen	
3:00 – 3:30	BREAK		
3:30	Demos in Charles River Room: Demo 1: The Throwing Shoulder	M. Reinold C. Thigpen	G. Ross M. Reinold
	Demo 2: Scapular Dyskinesia – Examination and Treatment	D. Kokmeyer W. B. Kibler	
	Demo 3: Ultrasound Examinations and Injection Techniques	D. Buford J. Rand	
	Demo 4: Bringing Training into Your Practice	P.J. O’Clair	
	Social Reception		

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Saturday, November 2 Allied Health Room Lectures

	Lecture	Speaker	Moderator
6:45 AM	Registration		
7:30 – 8:00	Hip Pain in the Young Athlete: Diagnosis and Rehab	T. Wuerz, D. Kokmeyer	
	Welcome	A. Curtis	
8:00 – 8:15	Defrosting the Frozen Shoulder	A. Curtis	
8:15 – 8:30	Diagnosis and Management of Thoracic Outlet Syndrome	K. Eberlin	
8:30 – 8:45	Elbow Arthroscopy – Advances & Rehab	C. Cassidy	
8:45 – 9:00	ACL Reconstruction: Allograft or Autograft	K. Plancher	
9:00 – 9:15	Meniscus Root Pathology	B. McKeon	
9:15 – 9:30	Keys to ACL Rehab	M. Reinold	
9:30 – 9:45	Using Pilates to Enhance Rehab	P.J. O’Clair	
9:45 -10:00	Questions and Answers		
10:00 – 10:30	BREAK		
10:30 – 10:45	Preventing Injuries in the Young Athlete	L. Micheli	
10:45 – 11:00	Patellofemoral Symposium 1. Rehab for Patellofemoral Pain	C. Thigpen	
11:00 – 11:15	2. Patellofemoral physical exam, instability and prevention overview	J. Fulkerson	
11:15 – 11:30	3. Treatment algorithm for Patellofemoral Instability	A. Cosgarea	
11:30 – 11:45	4. Case presentation and Q/A	B. Shubin Stein	
11:45 - 12:00	Patellofemoral Panel	C. Thigpen B. Shubin Stein A. Cosgarea	J. Fulkerson
	Adjourn		