

New England Baptist Hospital offers pre-operative educational classes for patients to attend prior to having spinal fusion surgery. Classes are taught by a nurse and physical or occupational therapist. Attendance is encouraged so patients learn valuable information on what to expect before, during, and after surgery so that they may be better prepared. A question and answer session follows each class.

**Registration is required as class size is limited.** Please register as soon as you know your surgery date. Register by calling (617) 754-5565. **You may bring one guest to class with you.** *Classes are subject to change.* Visit [www.nebh.org/myclass](http://www.nebh.org/myclass) for the most up to date schedule and to view our video/print education series materials.

July		August		September	
<b>Thursday</b>		<b>Thursday</b>		<b>Thursday</b>	
July 11	12:30 pm-2:30 pm	August 8	12:30 pm-2:30 pm	September 5	12:30 pm-2:30 pm
July 18	12:30 pm-2:30 pm	August 15	12:30 pm-2:30 pm	September 12	12:30 pm-2:30 pm
		August 22	12:30 pm-2:30 pm	September 19	12:30 pm-2:30 pm
		August 29	12:30 pm-2:30 pm	September 26	12:30 pm-2:30 pm

October		November		December	
<b>Thursday</b>		<b>Thursday</b>		<b>Thursday</b>	
October 3	12:30 pm-2:30 pm	November 7	12:30 pm-2:30 pm	December 5	12:30 pm-2:30 pm
October 10	12:30 pm-2:30 pm	November 14	12:30 pm-2:30 pm	December 12	12:30 pm-2:30 pm
October 17	12:30 pm-2:30 pm	November 21	12:30 pm-2:30 pm	December 19	12:30 pm-2:30 pm
October 24	12:30 pm-2:30 pm				
October 31	12:30 pm-2:30 pm				

**Directions to the Courtyard Conference Room**

Classes are held in the Courtyard Conference Room located on Level 3 of the Lahey Building at New England Baptist Hospital. In the event that the room is changed, a sign will be posted in the main lobby.

When you enter the Main Lobby of the Hospital, proceed straight down the main corridor, past Patient Access, and take the second corridor on your right. You will be heading toward the Cafeteria. The Courtyard Conference Room is the second door on your right.

**Parking**

On-site parking is available at a minimal fee.

**Refreshments**

Light refreshments will be served at class.

**Inclement Weather**

In the event of inclement weather, please call the hospital at (617) 754-5800 for information.

**Español**

El New England Baptist Hospital se compromete a ofrecer las clases pre-operatorias a la mayor variedad de personas posibles. Por favor contacte (617) 754-5565 si necesita ayuda para poder participar en estas clases.