

# Spinal Fusion

## Pre-Operative Teaching Class

New England Baptist Hospital offers pre-operative educational classes for patients to attend prior to having spinal fusion surgery. Classes are taught by a nurse and physical or occupational therapist. Attendance is encouraged so patients learn valuable information on what to expect before, during, and after surgery so that they may be better prepared. A question and answer session follows each class.

**Registration is required as class size is limited.** Please register as soon as you know your surgery date. Register by calling (617) 754-5565. **You may bring one guest to class with you.** *Classes are subject to change.* Visit [www.nebh.org/myclass](http://www.nebh.org/myclass) for the most up to date schedule and to view our video/print education series materials.

### 2019 Class Schedule

January	February	March
<b>Thursday</b> January 3      12:30 pm-2:30 pm January 10     12:30 pm-2:30 pm January 17     12:30 pm-2:30 pm January 24     12:30 pm-2:30 pm January 31     12:30 pm-2:30 pm	<b>Thursday</b> February 7     12:30 pm-2:30 pm February 14    12:30 pm-2:30 pm February 21    12:30 pm-2:30 pm February 28    12:30 pm-2:30 pm	<b>Thursday</b> March 7            12:30 pm-2:30 pm March 14          12:30 pm-2:30 pm March 21          12:30 pm-2:30 pm March 28          12:30 pm-2:30 pm

April	May	June
<b>Thursday</b> April 4            12:30 pm-2:30 pm April 11          12:30 pm-2:30 pm April 18          12:30 pm-2:30 pm April 25          12:30 pm-2:30 pm	<b>Thursday</b> May 2              12:30 pm-2:30 pm May 9              12:30 pm-2:30 pm May 16             12:30 pm-2:30 pm May 23             12:30 pm-2:30 pm May 30             12:30 pm-2:30 pm	<b>Thursday</b> June 6             12:30 pm-2:30 pm June 13            12:30 pm-2:30 pm June 20            12:30 pm-2:30 pm June 27            12:30 pm-2:30 pm

#### Directions to the Courtyard Conference Room

Classes are held in the Courtyard Conference Room located on Level 3 of the Lahey Building at New England Baptist Hospital. In the event that the room is changed, a sign will be posted in the main lobby.

When you enter the Main Lobby of the Hospital, proceed straight down the main corridor, past Patient Access, and take the second corridor on your right. You will be heading toward the Cafeteria. The Courtyard Conference Room is the second door on your right.

#### Parking

On-site parking is available at a minimal fee.

#### Refreshments

Light refreshments will be served at class.

#### Inclement Weather

In the event of inclement weather, please call the hospital at (617) 754-5800 for information.

#### Español

El New England Baptist Hospital se compromete a ofrecer las clases pre-operatorias a la mayor variedad de personas posibles. Por favor contacte (617) 754-5565 si necesita ayuda para poder participar en estas clases.