

New England Baptist Hospital offers pre-operative educational classes for patients to attend prior to having spinal fusion surgery. Classes are taught by a nurse and physical or occupational therapist. Attendance is encouraged so patients learn valuable information on what to expect before, during, and after surgery so that they may be better prepared. A question and answer session follows each class.

Registration is required as class size is limited. Please register as soon as you know your surgery date. Register by calling (617) 754-5565. **You may bring one guest to class with you.** *Classes are subject to change.* Visit www.nebh.org/myclass for the most up to date schedule and to view our video/print education series materials.

2019 Class Schedule

January	February	March
Thursday	Thursday	Thursday
January 3 12:30 pm-2:30 pm	February 7 12:30 pm-2:30 pm	March 7 12:30 pm-2:30 pm
January 10 12:30 pm-2:30 pm	February 14 12:30 pm-2:30 pm	March 14 12:30 pm-2:30 pm
January 17 12:30 pm-2:30 pm	February 21 12:30 pm-2:30 pm	March 21 12:30 pm-2:30 pm
January 24 12:30 pm-2:30 pm	February 28 12:30 pm-2:30 pm	March 28 12:30 pm-2:30 pm
January 31 12:30 pm-2:30 pm		

April	May	June
Thursday	Thursday	Thursday
April 4 12:30 pm-2:30 pm	May 2 12:30 pm-2:30 pm	June 6 12:30 pm-2:30 pm
April 11 12:30 pm-2:30 pm	May 9 12:30 pm-2:30 pm	June 13 12:30 pm-2:30 pm
April 18 12:30 pm-2:30 pm	May 16 12:30 pm-2:30 pm	June 20 12:30 pm-2:30 pm
April 25 12:30 pm-2:30 pm	May 23 12:30 pm-2:30 pm	June 27 12:30 pm-2:30 pm
	May 30 12:30 pm-2:30 pm	

Directions to the Courtyard Conference Room

Classes are held in the Courtyard Conference Room located on Level 3 of the Lahey Building at New England Baptist Hospital. In the event that the room is changed, a sign will be posted in the main lobby.

When you enter the Main Lobby of the Hospital, proceed straight down the main corridor, past Patient Access, and take the second corridor on your right. You will be heading toward the Cafeteria. The Courtyard Conference Room is the second door on your right.

Parking

On-site parking is available at a minimal fee.

Refreshments

Light refreshments will be served at class.

Inclement Weather

In the event of inclement weather, please call the hospital at (617) 754-5800 for information.

Español

El New England Baptist Hospital se compromete a ofrecer las clases pre-operatorias a la mayor variedad de personas posibles. Por favor contacte (617) 754-5565 si necesita ayuda para poder participar en estas clases.