



Ultrasound Patient Prep Information

APPT. DATE/TIME _____

Pre-registration and Arrival:

Please call **617-754-6000** to pre-register prior to arriving for your exam.

Please arrive 10 minutes prior to your appointment time for your Ultrasound exam and report directly to Converse 2 Radiology.

If you **DO NOT** pre-register prior to arriving for your Ultrasound exam, arrive 30 minutes prior to your scheduled appointment time and report directly to Patient Access, in the main hospital hallway, to register for your visit.

Outside Images:

If you have had imaging performed at other facilities (Ultrasound, CT, or MRI), please bring a CD of those studies to have loaded into our system for comparison with the study you are having performed. This comparison helps the Radiologist with the interpretation of your exam.

Food and Drink:

- **Abdomen exams (Liver/Gallbladder/Pancreas/Spleen/Aorta)**
 - o Nothing to eat or drink after midnight
 - o Do not smoke or chew gum prior to your exam
 - o Take medications with a small amount of water
- **Renal/Kidney Exams (including Renal Artery exams)**
 - o No food 6 hours prior to exam
 - o Drink 16 ounces of water, 30 minutes prior to scheduled appointment time
- **Pelvic / Bladder**
 - o Must have a full bladder
 - o Drink 32 ounces of fluid 1 hour before your appointment time
 - o DO NOT empty bladder prior to exam
- **Exams with NO restrictions**
 - o Breast
 - o Carotid
 - o Musculoskeletal (Shoulder, Hand, Wrist, Elbow, Foot, Ankle, Knee)
 - o Prostate
 - o PVR (Peripheral Vascular Resistance Study)
 - o Soft Tissue (Lump, Nodule, Superficial Mass)
 - o Testicular
 - o Thyroid
 - o Upper/Lower Extremity Vascular (Arterial or Venous)

What to Wear:

Please plan to wear loose fitting, comfortable clothing

Depending on the area of your body being scanned you may be required to change for your exam.



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Additional Information:

Only the patient is allowed in the Ultrasound scan room. If you have a child, please make alternative arrangements, or have another adult accompany you to watch your child in the waiting room while you have your scan.

Patients under the age of 18 years need to be accompanied by an adult
(parent or legal guardian)

After your Ultrasound you can resume your normal activities.

Should you have any questions or concerns regarding your Ultrasound, please call **(617) 754-5647** and speak with an Ultrasound Technologist.