



CT Patient Prep Information

APPT. DATE/TIME _____

Pre-registration and Arrival:

Please call **617-754-6000** to pre-register prior to arriving for your exam.

Please arrive 30 minutes prior to your appointment time for ALL CT exams except **Abdominal/Pelvic CT** which requires arrival 2 ½ hours prior to your appointment time.

NOTE: For Abdominal/Pelvic CT exams, you will be given approximately 24-48 ounces of barium to drink over a 2 ½ hour period prior to your appointment time. Certain Pelvic exams may not require you to drink the barium. If this is determined upon arrival, you will be scanned as soon as possible after arrival.

Please report directly to Converse 2 Radiology.

If you **DO NOT** pre-register prior to arriving for your CT exam, please add an additional 30 minutes to the arrival times listed above and report directly to Patient Access, in the main hospital hallway, to register for your visit.

Outside Images:

If you have had imaging performed at other facilities (CT, X-rays or MRI), please bring a CD of those studies to have loaded into our system for comparison with the study you are having performed. This comparison helps the Radiologist with the interpretation of your exam.

Food and drink

There are no dietary restrictions. You may eat or drink anything you like before your exam.

Note: If you are having any Abdominal/Pelvic CT, it is preferred that you only consume a light meal (not a full breakfast, lunch, or dinner) within 2 hours of your exam.

Contrast and Blood Testing

Some CT exams require the use of a contrast agent intravenously (IV - in a vein in the arm) in order to give a clearer picture of the area being scanned. If your doctor has determined that the contrast will enhance your CT scan results, the technologist performing your exam will place an IV in your arm during your exam.

If you are over the age of 60, or have kidney disease, diabetes, lupus, or multiple myeloma, you may be required to have a blood test (Serum Creatinine) within 30 days of your exam, to make sure the contrast will be safe for you.

Medication:

It is important for you to keep to your regular medication schedule.

Please bring a current list with the names of any medication you are taking.

NOTE: If you are diabetic, taking Glucophage (Metformin) and having a CT with I.V. contrast, you will be instructed to STOP taking your Glucophage (Metformin) for 48 hours AFTER your CT exam and to consult with your doctor before resuming.

Pre-Medication and History of IV contrast or "X-ray dye" Reaction:

If you are having a CT exam with contrast, please notify your physician of a prior reaction to contrast. Premedication may be required or the exam may be performed without I.V. contrast.



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What to Wear:

Please plan to wear loose fitting, comfortable clothing that does not contain any metal pieces, or you may be required to change for your exam.

Head/Facial CT:

- You will be asked to remove any earrings, glasses, hearing aids and dentures
- You may need to remove any chains/necklaces from around the neck

Additional Information:

Only the patient is allowed in the CT scan room. If you have a child, please make alternative arrangements, or have another adult accompany you to watch your child in the waiting room while you have your scan.

Patients under the age of 18 years need to be accompanied by an adult (parent or legal guardian)

After your CT you can resume your normal activities. If you received I.V. contrast, Barium or combination of both, please increase your normal fluid intake for 24 hours following your exam, unless your physician objects.

Should you have any questions or concerns regarding your CT, please call **(617) 754-5308** and speak with a CT technologist.