

Pre-SPINAL CORD STIMULATOR IMPLANT Procedure Instructions

You have been scheduled for a **SPINAL CORD STIMULATOR IMPLANT TRIAL** on Date _____ at Time _____

Please call Pre-Registration prior to your appointment. Monday-Friday (8:00 am – 5:00 pm) 617-754-6000

Please arrive and check-in to **Suite 540**, located on the **5th floor of the Brigham building**, **15 minutes** before procedure. Please call our scheduling department at 617-754-5450 if you need to change or cancel your appointment.

IMPORTANT MEDICATION INSTRUCTIONS

The instructions below may be changed according to each patient's clinical history and pain management needs.

IT IS REQUIRED that you **STOP** taking any **blood thinning medications** for a certain number of days before the pain procedure. The specifics regarding your medications should have been reviewed by your pain specialist at the time of your pre-procedure visit.

- Examples of blood thinning medications
 - Coumadin, Plavix, Persantine, Aggrenox, Trental, Arixtra, Lovenox, Heparin, Ticlid, Pradaxa, Dabigatran

IT IS REQUIRED that you **STOP** taking your **Aspirin** and **any Salicylate containing products** 7-10 days prior to trial.

- For example, Bayer Aspirin, Alka Seltzer, etc.
 - Please read the labels of over the counter pain remedies carefully to determine if they contain either of these products
 - If you are unsure, please check with your provider or pharmacist if you need more information about a medication.

Please **CONTINUE** taking, as prescribed:

- Blood pressure medications
- Diabetes medications
- Tylenol/acetaminophen
- Opioid pain medications

Bring your asthma inhalers with you to the hospital.

You must be off antibiotics for 2 days and free of infection before the procedure.

Any questions regarding medications, please contact our nurses line at 617-754-6810 for clarification.

If you are pregnant, please inform the pain clinic staff.

Morning of Appointment:

- No solid food, gum or mints for 6 hours before your procedure.
- You may have clear liquids up to 3 hours before your procedure.
 - Clear liquids would be water, apple and cranberry juice, ginger ale, black coffee or black tea (no milk).
 - You may take a sip of water with medications, if needed, within the 3 hours prior to your procedure

You MUST have an arranged ride home from a responsible adult. (MBTA, Taxi, Uber, Lyft, etc. are NOT acceptable). If you do not have an arranged ride, your procedure will have to be rescheduled.

You should not drive, operate machinery or make legal decisions for 24 hours after the procedure.

If you have any questions related to your condition or your procedure, you may call the pain clinic between 8:00 am and 4:00 pm Monday-Friday.

For emergencies after hours and weekends, call the Physician-on-Call at (888) 421-6922

Thank you and we look forward to your visit.